

The Turnaround Media Literary Review

An Author Book Marketing & Promotional Services Company

April 2010

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"I hope readers will grasp the idea that we are all affected by the decisions we make in life, and there comes a point and time when we must come to terms with those decisions."

Interview with Author Tina Westbrook "Letters From Alcatraz: 40 Years Later"

Author Tina Westbrook became fascinated with Alcatraz at the age of fifteen after watching *Escape from Alcatraz* which starred Clint Eastwood. Through the years she has done extensive research, learning the history of Alcatraz as well as life in San Francisco during the 1960s. Tina Westbrook was born in Chicago, Illinois in 1965. She moved to Birmingham Alabama in 1983, where she currently lives with her husband David and their family. Turnaround Media (TAM) recent had the opportunity to have a Q & A with Tina.

TAM: Where are you from?

TINA: I was born and raised in Chicago Illinois.

TAM: Tell us your latest news?

TINA: I'm out promoting "Letters" and I have been working on the second book in the "Letters" series and hope to have it available by January 2011.

TAM: When and why did you begin writing?

TINA: I began writing "Letters From Alcatraz" nearly two years ago. I started writing because I felt that if the story interested me as much as it did, then others would probably enjoy it.

TAM: When did you first consider yourself a writer?

TINA: That's a difficult question to answer. I've always loved to read, but never really considered myself a writer. Even now, with all the wonderful reviews coming in, I can't wrap my brain around it.

TAM: What inspired you to write your first book?

TINA: I was inspired to write "Letters" by John Catelli. His personal accounts of life in the 1960's and his connection to Alcatraz sent my imagination racing!

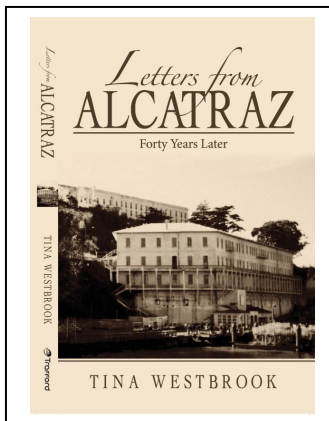
TAM: Do you have a specific writing style?

TINA: I know hundreds of writers and they are so dedicated to writing everyday and even set themselves a goal of "X" number of words. I have tried that and it doesn't work for me. I write when the feeling hits me. As for a style, I like to write about things that people can relate to, characters that people can identify with.

(Continued on Page 2)

"I remember as a young child I couldn't wait to get my hands on a good book, and I'm still that way today. I've always enjoyed books that allow me to get lost in the story. If I'm reading a book and in my mind I can visualize the events that I'm reading about, then that's a good book!"

- Author Tina Westbrook



Tina Westbrook Interview (Continued)

TAM: How did you come up with the title?

TINA: The title of my book "Letters From Alcatraz" is just that. The book is based on a series of email messages I received over the course of a year.

TAM: Is there a message in your novel that you want readers to grasp?

TINA: I hope readers will grasp the idea that we are all affected by the decisions we make in life, and there comes a point and time when we must come to terms with those decisions.

TAM: How much of the book is realistic?

TINA: "Letters" is filled with historical events and the book was inspired by a real person. There's a fine line between fiction and non-fiction. It's up to the reader to decide what they choose to believe is realistic.

TAM: Are experiences based on someone you know, or events in your own life?

TINA: Both!

TAM: What books have most influenced your life most?

TINA: I remember as a young child I couldn't wait to get my hands on a good book, and I'm still that way today. I've always enjoyed books that allow me to get lost in the story. If I'm reading a book and in my mind I can visualize the events that I'm reading about, then that's a good book.

TAM: If you had to choose, which writer would you consider a mentor?

TINA: If I had to choose I would say Nicholas Sparks!

TAM: What book are you reading now?

TINA: I just finished "Original Sin" by S.C. Lang and I am about to begin "The Second Virgin Birth" by Tommy Taylor.

TAM: Are there any new authors that have grasped your interest?

TINA: As I mentioned earlier, I have hundreds of friends that are authors and so many of them are incredibly talented. I'm anxious to read the upcoming sequel to S.C. Lang's "Original Sin".

TAM: What are your current projects?

TINA: Currently I'm out there promoting "Letters" and working on the second book of the series.

TAM: Name one entity that you feel supported you outside of family members.

TINA: That's easy to answer! A very dear friend of mine named Jay Stafford was a tremendous support while I was in the process of writing "Letters".

TAM: Do you see writing as a career?

TINA: I definitely see writing in my future! I don't know if I will ever be able to say that it is my career. I write because I enjoy writing. A career sounds more like work!

TAM: If you had to do it all over again, would you change anything in your latest book?

TINA: I would not change anything about "Letters". I feel it's an honest portrayal of one man's life.

(Continued on Page 3)

Tina Westbrook Interview (Continued)



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TAM: Do you recall how your interest in writing originated?

TINA: Yes. My interest in writing originated when I met John Catelli. I've always loved to read, but for me writing only became interesting when I had a story worth sharing.

TAM: Can you share a little of your current work with us?

TINA: My current project picks up where "Letters" left off. The story takes a completely unexpected turn and hopefully readers will enjoy the ride!

TAM: Is there anything you find particularly challenging in your writing?

TINA: I write about a place that I love; a city that I love. If there's a challenge in writing I would have to say that it's allowing the characters to be who they are.

TAM: Who is your favorite author and what is it that really strikes you about their work?

TINA: Without question, Nicholas Sparks is my favorite writer. He has the ability to tell a story in a way that pulls the reader in.

TAM: Do you have to travel much concerning your book(s)?

TINA: My book was released mid-February and I have had to do a bit of traveling. The majority of travel will be this summer. I am already scheduled to be in San Francisco twice in June.

TAM: Who designed the covers?

TINA: I designed the book cover and the photo of Alcatraz was shot by me back in 1999. My design team at Trafford Publishing designed the colors of the cover as well as the font.

TAM: What was the hardest part of writing your book?

TINA: For me, the hardest part was writing from a man's perspective. I had to get into my characters head and I'm thankful I had a year's worth of emails to show me the way!

TAM: Did you learn anything from writing your book and what was it?

TINA: Yes! I learned that writing a book is a process. I can't speak for all authors, only myself, but I can tell you that I have to be in a certain frame of mind in order to write.

TAM: Do you have any advice for other writers?

TINA: I don't know if I'm qualified to give advice, but if someone asked me I would have to tell them to write everything down! If you have a thought, and when you're writing a book you will have millions of thoughts, write them down! Even if it's on a napkin! If you don't you will forget them later!

TAM: Do you have anything specific that you want to say to your readers?

TINA: I would thank my readers for sharing my interest in Alcatraz as well as San Francisco. I'm ecstatic that they have connected with the characters in "Letters"! That is the best reward I could have asked for!

Visit Tina Westbrook's website at <http://alcatrazauthor.com>

To book interviews, book signing & appearances contact Jonna Silverman, Research Assistant, Turnaround Media at info@turnaroundmedia.org.



"I would thank my readers for sharing my interest in Alcatraz as well as San Francisco. I'm ecstatic that they have connected with the characters in "Letters"! That is the best reward I could have asked for!"

Author Tina Westbrook

Paperback: 152 pages

ISBN-10: 1426926146

ISBN-13: 97-1426926143

FEATURED AUTHORS

SELF HELP

Author: **Gerald Simmons** – Title: **The GPS Success Guide** – ISBN: 978-0578036533 – Self- Help - Description: The GPS Success Guide (Motivation/Inspiration) Teaches These 10 life Tips: 1. Look in the mirror; 2. Know Who You Are; 3. Define Your Goals; 4. Focus, Focus, Focus; 5. Surround Yourself With Forward Moving People; 6. Build a Support Team; 7. Love What You Do; 8. Never Let FEAR hold you back; 9. Build a Strong Foundation; and 10. Get Your Relationship Right w/ Your GOD. Website: <http://www.GPSimmonsJr.com> (EX/0311)

FICTION

Author: **Keith Williams** – Title: **Water Flows Under Doors** – ISBN: 1-4196-0148-2 - Fiction -Water Flows Under Doors is a gritty urban tale that tells the story of a young man who believes he has lost his woman to another man when in fact, he has lost her to herself. To cure his addiction for this woman he becomes addicted to another and just like a new drug, this high is more potent than the last. However, what he's found in this new woman may cost him his life as well as hers. Follow Tyler and Tracy as they dangerously seek love. Website: <http://thegullygodchronicles.blogspot.com> (EX/0311)

Author: **Ted Guevara** – Title: **Days of Slint** – ISBN: 978-1-4415-9642-0 – Fiction - Description: Days of Slint focuses on Haim Shipp, a student of color at a small town college in the 1940's. In a place where his presence was an issue, Haim embarks on a journey toward reaching his life goals. There, he meets the young actor James Dean, who later becomes a close friend and who in turn would consider Haim a poetic brother or even a parent. Together, they evolve in their daily experiences and exploits. They learn from each other as their own bright and anxious lives are shared by those around them. But one fateful night changes everything in the lives of Jim, Haim's fiancée and others—and perhaps the county's history—for someone tragically decides Haim's destiny. But how, and for what reason? DAYS OF SLINT is a historical novel. (EX/0311)

Author: **Lauren Harvey** – Title: **Unbreakable Hostage** – ISBN: 1935407066 – Fiction – Description: Lareina Oliveira; high school math teacher, she wants to share her passion for math. So it is back to school for Lareina...a tough Ph. D. program. A classmate is captivated by Lareina's beauty and intelligence, and despite her repeated refusals to his attentions, he kidnaps her! Only her determination and wits can save her... Will her family, roommate, and a wily detective from Missing Persons get to her before it is too late? <http://www.leharvey.com> <http://harveyle.blogspot.com/> (EX/0311)

Author: **Laurie Bowler** – Title: **Vanquished: The New Beginning** – ISBN: 1450523870 - Fiction - Description: Ashley Green is heavily pregnant and on a path of self discovery to learn about the powers that she has possessed through time. With the others of her kind, her new family behind her and guiding her, she needs to learn the unusual powers that were passed onto her through the vortex that was opened by William the Greatest vampire of all time. Ashley must fight the evil of her father Jean Claude from taking over and absorbing the powers of other before it's too late, and in return must save her baby from his evil plans. (EX/0311)

Author: **Mari Walker** – Title: **Not Quite What It Seems** – ISBN: 978-0-312-37541-6 - Fiction - Description: Jadyn has made a life for herself with her boyfriend, Taji, and has a promising career as a dancer...just as soon as she nails her next audition. However, she has never fully recovered from the emotional and physical pain she suffered at the hands of her mother and stepfather as a young girl. After finding out that Taji, the supposed love of her life, has been lying to his family about her, and may have even ruined her chances at getting a lead role in STOMP, Jadyn decides to make a drastic change in her life. She attempts to locate her biological father, whom she has never had a real relationship with. Her search takes her to Florida where she stays with her great-uncle and cousin. While following up on seemingly dead ends in her search for her father, Jadyn discovers that sometimes things are not quite what they seem when she becomes involved in a heated love affair with a man named Julian, who may just be the death of her. <http://www.mariwalker.com> (EX/0311)

Author: **Roy McConnell** – Title: **Mind Walker** – ISBN: 9781440168666 – Fiction – Description: Mind Walker is a suspense/thriller, fiction novel with lots of fast paced action, romance, and even a twist of sci-fi. For more than four hundred years, the males of the Ostermann family have unleashed their secret power on the world, destroying lives and amassing great fortunes. But five centuries prior, the first woman to inherit the identical gene as the males foretold that another female would be born with the same power. It was she

who would stand against the madness of the Ostermann reign. No one knew when she would come...until now. Website: <http://www.roymccconnell.com> (EX/0311)

CHRISTIAN FICTION

Author: **Michelle Larks** – Title: **Faith** – ISBN: 978-1601628787 – Christian Fiction – Description: Faith is the story of Monet and Marcus Caldwell. Monet suffers from what she calls the Sarah Syndrome, the inability to bare a child during here twenty years of marriage. Then Monet the unthinkable occurs, Monet is sexually assaulted and become pregnant. Marcus insists the child is not his and wants his wife to terminate the pregnancy. Monet refuses her husband edict and a cold-war of momentous proportions breaks out in the Caldwell household. Monet must hold on to her faith in God to endure the nine months of her pregnancy. Website: <http://www.MichelleLarks.com> - (EX/0311)

CHRISTIAN NON-FICTION

Author: **Sherell Edwards** – Title: **Chronicles of a Broken Spirit** – Status: Unreleased – Prepublication - Description: Christian Non-fiction-The author will publish real journal entries from the life of a woman who encounters the highs and lows of marriage, divorce, careers, Christianity, parenthood and self identity. Take a front row seat as we capture the daily life experiences that inspired, shook, forever changed and molded one woman through many phases of life, while establishing a strong belief in the life and death of Jesus Christ and the principles of Christianity. Website: <http://chroniclesofabrokenspirit.blogspot.com/> (EX/0311)

Author: **Yolanda B. Crawley-Taylor** - Title: **God is Healing Me From The "Inside- Out"** – Status: Unreleased – Prepublication - Description: My testimony began a long time ago. I was born into a life of physical, sexual, and emotional abuse, which manifested into all sorts of bad behavior, addictions, low self esteem, violence, and bad judgment. I found myself homeless, broken, and full of hopelessness and despair. Now my reflections are expressed in gratitude through poetry. Today I embrace change. It has brought me a desire to pursue my future, seeking the divine plans of God for my life through ministry to those who are broken of heart. (EX/0311)

TURNAROUND MEDIA SPEAKERS BUREAU

Turnaround Media Speakers Bureau offers quality speakers from all areas of interest. Our distinguished speakers add their own creative and innovative flair to each presentation and invite you to explore a diverse array of perspectives. Regardless of what are looking for, we can match you with a speaker that will make your event a success. We'll work with you and match you with the right speakers with the right programs to ultimately create a stellar event. We work hand in hand with our clients to conceptualize, plan, and execute events that no doubt will be a great success. For more information please contact us at: info@turnaroundmedia.org or visit www.turnaroundmedia.org.

DEBRA SAVAGE - EXPERT CAREGIVER SPEAKER

Debra Savage is a native of Los Angeles, California, but now resides in Memphis, TN. She is the mother of one son, Courtney Savage. Methodist Healthcare employs Debra as a Patient Advocate. She also holds a real estate and cosmetology license. She received her formal training while in the U.S. Air Force, and is an honorably discharged veteran. She has attended C.H.Mason Bible College, All Saints University, and Jacksonville Theological Seminary, with a major in Theology. Debra is the founder of the Debra Savage Ministries. Debra has been a member Temple of Deliverance COGIC since October 13, 1985. She formally served for 10 years as president of the Greeters Auxiliary. Debra is a church announcer, intercessory prayer leader and evangelist missionary. Debra is an expert on the subject of caregivers. She has been a caregiver of more than 24 years. She conducts workshops, seminars, and is a conference speaker. Debra is also an on air radio personality and has a show entitled "The Saturday Morning Brunch", which airs every Saturday morning from 9-11 A.M. (CST) on AM 1480 WBBP. Debra is a contributing author to the newly released book entitled "**Talitha Cumi-Mothers and Daughters ARISE!**" She has also released a new book entitled Caregivers and the "Baby Boomer" Generation. Her forthcoming book entitled: Stop Nursing Home Abuse & Neglect Before It Starts will be released May 30, 2010. Debra is a national motivational & empowerment speaker. **For booking information contact:** Jonna Silverman Turnaround Media info@turnaroundmedia.org or visit www.turnaroundmedia.org.

JUSTIN SACHS - PERSONAL & BUSINESS DEVELOPMENT SPEAKER

Justin Sachs is the best-selling author of **The Power of Persistence**, and the best-selling author of **Your Mailbox Is Full** (written when he was only 18). His work in personal development started at the age of 13 while working for Tony Robbins, Mark Victor Hansen, and ultimately, starting the Peak Performance Lifestyles Foundation in which Justin empowered teenagers to become leaders in their communities. Justin has spoken throughout the world to teenagers and adults on the topics of leadership, living the life of your dreams, and creating success. He recently founded Motivational Press, Inc. a leading mid-tier publishing company of personal and business development titles in which he aligns with the greatest and most distinguished experts in the world to transform the lives of millions throughout the world. As one of the top leadership and motivational speakers in the world, Justin's authentic, powerful and inspirational presentations have become legendary. His message has changed thousands of lives around the globe. As the host of Motivational Minds Radio, Justin connects with the best of the best in spreading a message of hope and strength throughout the world. Justin has also founded the Motivational Minds Product Awards in which he reviews the top motivational and personal development products in the industry. Justin's most recent ventures include The International Council on Teen Development, and The International Teen Leadership Institute in which Justin brought together the top leaders in Personal Development to support teenagers from throughout the world with the tools they need to create success in their lives. He has also created the Teen Development Awards, a book award recognizing the greatest titles in youth leadership and teen development. Lastly, Justin's coaching program supports some of the most successful corporate executives and entrepreneurs in the world as he works with them to create breakthrough results in their organizations and throughout their lives. Justin lives in San Diego, California.

Speaking Engagements - Sales and Leadership Teams. The Power of Persistence - Topic: Sales Success Strategies and Systems

The Power of Persistence is an event with best-selling author Justin Sachs, who has increased the results of thousands of sales executives through the Power of Persistence, a framework developed through his extensive research into the most successful people from every walk of life, in every industry on what produces the most extraordinary results. Find out why the top sales executives out-perform the average sales executives 57:1. Get your sales executives to perform at the top of their game with more consistency than ever before! Give your sales team the tools they need to out-sell all of your competition.

The Mindset of Success - Topic: Motivation and Peak Performance

How do you get your team to produce more results than ever before? How do you increase their efficiency and effectiveness? You get them inspired to produce a higher level of results. You create clarity around their goals and aspirations within their projects. You get them motivated with the Mindset of Success.

Teens: The Power to Shape Your Future - Topic: Creating Your Life Plan & Goal Setting

The Power to Shape Your Future is an event with author, and teen-development coach, Justin Sachs, who has impacted the lives of thousands of teenagers worldwide with his Lifestyle Success Framework. Justin invites you to a powerful immersion into the finest strategies, tools and resources available for teens in creating an extraordinary quality of life—where you not only have a clear direction and purpose for life, but you also understand what it takes to become successful and fulfilled in today's fast-paced culture. In his high-energy, educational, and entertaining system, Justin Sachs will teach you to: Create Your Life's Mission Statement; Identify the imbalances in life and create a balance in all areas of life; Identify the commitments you'll hold yourself to daily to keep yourself moving in the direction of your life's mission; Understand the roles of your life, what "positions" you hold in life; Get clear on what you want in life; Create a plan of action for accomplishing your goals, dreams, and desires; and Develop a system for holding yourself accountable for accomplishing your goals.

Educators: Vision, Action, Results: Producing The Most Highly Effective Youth Leaders - Topic: Motivating and Inspiring Today's Youth

In this topic, Justin gives your audience the tips, tools, strategies, and specific systems for motivating and inspiring today's youth to producing greater results and taking on greater leadership roles in school and throughout life. Learn how to keep teens out of trouble and on track for success; Identify the key ingredients to motivating today's youth; and Increase your ability to connect with the teens you work with on a deeper level that has them trust you at deeper levels.

For booking information contact: Jonna Silverman Turnaround Media info@turnaroundmedia.org or visit www.turnaroundmedia.org.

MICK QUINN - DYNAMIC BODY-MIND-SPIRIT-SHADOW HEALING SPEAKER

Mick Quinn is one of the most dynamic and innovative author/teachers in the field of body-mind-spirit-shadow healing today. Following a successful business career Mick was catapulted on a remarkable, soul-searching and ultimately freeing healing journey in which he uncovered direct access to a path of awakening authentic joy, to the boundless potential inside all of us. Book: **The Uncommon Path**, July 2009, O-Books UK/USA: ISBN-10: 184694208X. Book: **Poder Y Gracia**, June 2007, Corona Publishing, Spain: ISBN-10: 8495645858. Mick Quinn arrived in the US in 1986 from his native Ireland and within a decade became a Wall Street CEO, launched three successful start-ups (which generated \$35 million in revenues), and then retired in his mid 30's. It was then that he realized, despite all of his material success, that he was not on his authentic path. Mick has been on an amazing journey since that time and his book is already helping many people find their true path an authentic joy by hearing his story. Topics: Purpose, Passion, Discipline, Relationships and Emotional Brilliance. **For booking information contact:** Jonna Silverman Turnaround Media info@turnaroundmedia.org or visit www.turnaroundmedia.org.

SHAY OLIVARRIA - FINANCIAL & MOTIVATIONAL SPEAKER

Shay Olivarría is a motivational speaker, financial literacy coach, former foster care youth and author of **Money Matters: The Get It Done in 1 Minute Workbook** and **10 Things College Students Must Know About Money**. As an ambassador for financial freedom, Shay travels all over the country to educate people on responsible financial decisions. She has partnered with several community organizations including Independent Lens, Orangewood Children's Foundation, San Diego State University's African Student Union, Promise House of Dallas, Texas, Los Angeles Urban League, San Diego Urban League, and the Latino Student Business Association of the University of Southern California. Money Matters: The Get It Done in 1 Minute Workbook 9781449914776 (Dec. 2009) 10 Things College Students Need to Know About Money (May 2010) Venue Benefits: Hearing a seasoned speaker. Participants will leave understanding 10 key personal finance points. Participants will interact with speaker, laugh, and enjoy learning. Participants will be able to purchase the speaker's books at a discount on site. **For booking information contact:** Jonna Silverman Turnaround Media info@turnaroundmedia.org or visit www.turnaroundmedia.org.

YVONNE MASON - PUBLISHED AUTHOR & MOTIVATIONAL SPEAKER

Yvonne's Philosophy in Life - "Pay it Forward": "In this life we all have been helped by others to attain our dreams and goals. We cannot pay it back but what we can do is 'pay it forward'. It is a simple concept. By helping three people, those three people help three more people and soon that becomes nine. Those nine people each help three more people and the giving continues. As you see, it is the power of three. Our giving comes back to us ten-fold. So one could say it is three to the power of ten. We all started out with nothing. By using this philosophy we can help one another and share the goodness of life's wealth." **Background:** The eldest of five children, Yvonne was born May 17, 1951 in Atlanta, Georgia. Raised in East Point, Georgia, she moved to Jackson County, Ga. until 2006 then moved to Port St. Lucie, Florida where she currently makes her home. Licensed bounty hunter for the state of Georgia. **Education:** After a 34 year absence, returned to college in 2004. Graduated with honors in Criminal Justice with an Associate's degree from Lanier Technical College in 2006. **Awards:** Nominated for the prestigious GOAL award in 2005 which encompasses all of the technical colleges. This award is based not only on excellence in academics but also leadership, positive attitude and the willingness to excel in one's major. **Affiliations:** Beta Sigma Phi Sorority - Member of The Florida Writer's Association. **The Dream:** Since learning to write at the age of five, Yvonne has wanted to be an author. She wrote her first novel Stan's Story beginning in 1974 and completed it in 2006. Publication seemed impossible as rejections grew to 10 years. Determined, she continued adding to the story until her dream came true in 2006. **The Inspiration:** Yvonne's brother Stan has been her inspiration and hero in every facet of her life. He was stricken with Encephalitis at the tender age of nine months. He has defied every roadblock placed in his way and has been the driving force in every one of her accomplishments. He is the one who taught her never to give up. **The Author:** Yvonne is currently the author of several novels, including: **Dream Catcher**, **Failure Was Never An Option** - the true story of her brother's accomplishments, it has been compared to the style of Capote, and is currently being rewritten with new information for re-release. #4 Best Seller on Amazon Kindle. **Tangled Minds** - a riveting story about a young girl's bad decision and how it taints everyone's life around her yet still manages to show that hope is always possible. This novel has been compared to the writing of Steinbeck and is currently being written as a screenplay. This novel will be re-

released by Kerlak Publishing in 2009. **Brilliant Insanity** – released by Kerlak Publishing October 2008. Nominated for the 2009 National Best Books award, # 7 best seller on Amazon Kindle. **Silent Scream** – Released by Lulu.com October 2008- Slated to be made into a movie –Listed at #5 in Mainstream Novels for 2008 In Predators and Editors Poll, Listed on Amazon Kindle as Best Seller three times. **When Fates Collide**, Co-Authored With Andrea Dean Van Scoyoc – A Tongue in Cheek Novel about a secretary who has no life and a female Bounty Hunter who is trying to save her job. **A Voice From the Grave**- Released Feb 2010- Historical/Present Day Murder/Suspense.

Prior Speaking Engagements: Yvonne is an accomplished motivational speaker and is available for speaking engagements. Previous engagements include: December 16,2009 South Port Middle School Sixth Graders; November 17,2009 Jupiter Library, Jupiter Fl. Workshop on Writing and Marketing as an Independent Author; Sept 14,2009 Florida Missing Children's Day key note speaker; April 27,2009 Martin County Member of Panel on Being a Victim; April 6,2009 Book Signing in Vero Beach at Business Block Party; March 7,2009 Brevard Authors Book Fair – Speech on Gerard Schaefer, Florida's First Serial Killer; December 2008- "Commemorative Speech on Gerard Schaefer's Victims – IRSC Vero Beach, Fl; November 2008 – "How to write different genres" Lewis Carroll Sixth Grade Merritt Island, Fl; April 2008 at IRCC - "How to Sell One's Self in the Business World" presentation to the student body; April 2008 at The Palm Glades Girl Scouts Council Sixth Annual Luncheon as the featured keynote speaker - "Dreams, Goals and Aspirations" presentation; May 2007 at Lanier Tech - "Succeeding in Life" Power Point presentation to the student body using the concepts of Stan's Story; May 2007 at Blackshear Baptist Church - Power Point presentation entitled "Acceptance of Self and Others"; May 2007 at IRCC - "How to Reach Your Goals - It's Never Too Late" presentation to adult women returning to school to become professionals in different fields; May 2007 Brookshire Baptist Church- Speech about Stan and Success; and May 2007 Lanier Tech- Speech about Stan.

Prior Personal Appearances:

- Yvonne has appeared on Blog Talk radio shows:
- Now that's what I 'm talking about with Louise Aveni
- The Odd Mind with Angel Lesa
- Appeared on the Cliff Roles show out of Sarasota on Oct 10,2008
- And several other shows in the upcoming months
- Personal Appearance Circle Books Sarasota, Florida Nov 8,2008
- Appeared in The Fort Pierce Tribune, Vero Beach Press, Stuart News and Port St Lucie News
- Lewis Carroll Middle School – the Sixth grade class

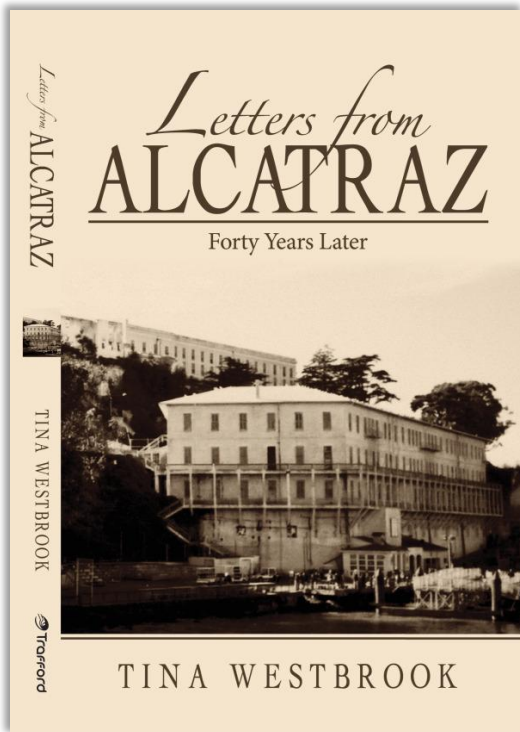
Book Signings: Yvonne is available to autograph books and welcomes the opportunity to attend local events, bookstores, conventions, schools, writer's clubs or any other function interested in her books. **Brilliant Insanity** 978-0-9788777-7-4; **Dream Catcher Failure Was Never An Option** 9780557-07449-5; **A Voice From the grave** 978-557-33162-8; **Tangled Minds** 978-557-06297-3; and **Silent Scream A True Crime** 978-0-557-01389-0. **For booking information contact:** Jonna Silverman Turnaround Media info@turnaroundmedia.org or visit www.turnaroundmedia.org.



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An Author Book Marketing & Promotional Services Company



REVIEWS

"*Letters From Alcatraz: 40 Years Later* will hold your attention from beginning to end. As C.J., the main character, shares his inner most secrets you feel as if you're reading letters that were not intended for your eyes. Tina Westbrook has created a character that is easy to relate to and transcends time. I will anxiously await the release of the next book in this series!"

"After living through the 60's and experiencing much of what the main character did, "*Letters From Alcatraz - Forty Years Later*" transported me right back there! Formatted in a series of emails from the main character to a woman he'd never met, the book captures the "now" and the "then" masterfully. A great read!

"Thrilled the way Tina Westbrook presented this story. There were three pages that forced me to put the book down momentary as the words became blurred Looking through my own tears. I am honored and pleasantly surprised with Tina's wonderful writings. Her ability and capability to engineer such a well drafted story with both fictional and true life events was absolutely compelling. This is a wonderful story of a period of the 1960's that everyone should read, especially for those who love San Francisco and Alcatraz Island."

ISBN-13: 978-1426926143
\$15.95

ABOUT THE BOOK

Through a series of e-mail messages, *Letters from Alcatraz* invites the reader inside a man's heart and mind. As C.J. comes of age in San Francisco, he meets and falls in love with Diana. Diana is a beautiful young woman who from the tender age of one lived on Alcatraz Island. He spends the following forty years living two separate lives, the life that he shares with Diana; the other life that he fears Diana will find out about someday.

C.J. struggles as he indulges in a lifestyle that is rife with sex, drugs, and rock & roll; a lifestyle that leads to trouble at each and every turn. His other lifestyle, the one he shares with Diana, is what he desperately wants to protect. Over the course of a year, C.J. finally opens up to a complete stranger, sharing his most intimate thoughts and memories as well as his deepest and darkest secrets.

The story that unfolds is brutally honest, compassionate, and heartfelt. As you find yourself rooting for the bad boy, you will also find yourself questioning everything that you thought you knew about emotions and deceit.

ABOUT THE AUTHOR

Tina Westbrook became fascinated with Alcatraz at the age of fifteen after watching *Escape from Alcatraz* which starred Clint Eastwood. Through the years she has done extensive research, learning the history of Alcatraz as well as life in San Francisco during the 1960s. Tina lives in Alabama with her husband and their family.

